



Ferring FC Covid-19 Risk Assessment & Method Statement

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Committee Members/Management

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Club Covid Officers
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Method Statement

The Glebelands Ferring

The arrival and departure manner in which the players and coaches are to demonstrate this is no different to previous sessions as set out and noted in RAM's No1.

The clubhouse will be used sparingly for toilets will be open and cleaned regularly, drinks and snacks will not be served until at least the date of Monday 12th April. All visitors and club members must adhere to club rules regarding this and use the one way system currently built into the clubhouse using the markers as guides and must sign in into the visitors book for track and trace purposes (when the bar is open). From 17th May the rule of 6 internally will be introduced and mask's are to be worn in the clubhouse at all times when moving about unless seated. Table service will be achieved as is reasonably practicable.

All Teams are to carry out a track and trace list and a tick box question of whether the player is suffering from Covid-19 symptoms, this will be sent to them prior to the match day and the names and contact details can be pre filled out for speed but the symptoms part must be completed as the players arrive to allow accuracy of symptoms. These forms will be kept for up to and including 21 days after the event for track and trace purposes only and the club will comply with the Data Protection Act. QR Codes will be available also for the purpose of track and trace.

Before friendlies as a minimum can start, the clubs should be affiliated to the local FA, without this, games cannot go ahead. All youth players must be registered with their clubs and men's teams are to play at their own risk if they are not registered and will not be able to claim against the club insurance.

Ferring Car park is to be used by Ferring officials only and car parking must happen either on Greystoke road or Rife way and social distancing must be carried out and crowd gathering should be avoided. All players must travel separately as is reasonably practicable, if there is car sharing to happen all people within that car must wear face coverings and the car must be cleaned before the next journey although this is something that is at the risk of people outside of Ferring and is something that Ferring FC can only advise on.

A copy of these RAMs must be provided to the visiting team prior to match days.

All teams must check the validity of their insurance to ensure cover is appropriate for all of their teams' players.

All teams will be presented with a do' and don't list to be used as a guidance for match days and match day briefing must be presented.

All players must arrive kitted up if possible, as changing rooms and showers will be out of use during matches.

All away teams are to provide their own hand sanitization for their players.

Match balls, goals and any equipment must be cleaned prior, at halftime and after the game.

Warm ups should be socially distanced as well as team talks (Setting out of cones for players as a guide).

On hot days especially, sun cream or water bottles should not be shared and players must bring their own provisions.

Other Venues Used For Home Games and or Training Venues

This area will cover venues such as Highdown, Fernhurst and or training venues such as Glyn Owen Centre which can be used when there is no space to carry out matches or training at the Glebelands.

Track and trace forms or QR codes must be provided and a copy of these RAMs must be sent to the visiting team or training venue.

Visiting teams must receive localised and relevant parking information by the home team manager prior to match day. No changing rooms will be used, except for the use of toilets but these must be cleaned regularly.

All teams must check the validity of their insurance to ensure cover is appropriate for all of their teams' players.

All teams will be presented with a do's and don'ts list to be used as a guidance for match days and match day briefing must be presented.

All players must arrive kitted up if possible, as changing rooms and showers will be out of use during matches or training.

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Pick up- The end of matches must be completed promptly and review with the players cannot take place unless they can be 2 metres apart due to the risk of gathering together. The pickup must be prompt, to avoid large mass gatherings and players must have left the area no later than 15 minutes after the match has finished. All players must wash or sanitize their hands after matches.

All coaches must read and review both the RAMs and the covid mitigation document or a relevant form of mitigation to include a parent happy for their child to play, along with completing the prevent covid course by virtual college (this takes about 10 minutes)

A register must be taken prior to their session starting either by Spond if the coach uses the app or by writing this down and keeping a record for at least 21 days to aid the track and trace of Covid-19

Spectators

SPECTATORS are not allowed to watch games on any grounds where any of the teams of Ferring FC are playing on until Monday 12th April at the earliest unless it is an under 18's game or younger for safeguarding reasons. At which point only 1 adult per child can attend training or games and social distancing should be carried out and managed.

Risk Assessment

Risk/Hazard	Control Measure	Additional Control	Person at Risk
<ul style="list-style-type: none"> ● Exposure from others due to: ● Living with someone with a confirmed case of COVID-19 ● Have come into contact (within 2m for 15 minutes or more) with a confirmed case of COVID-19 ● Being advised by a public health agency ● Contact in competitive games that contact with a diagnosed case has occurred. ● Track and trace not being in place 	<ul style="list-style-type: none"> ● Prevent the player or family from attending the sessions. ● Ensure the player and family have followed the correct isolation period of 14 days before returning to training. ● Ask the players involved or coaches to self isolate. ● Temperature to be taken if possible prior to training by the parents. ● Good hygiene and hand washing practice. ● Registers of players attending and parents to sign the visitors book upon arrival to help aid track and trace. ● Only 1 parent per child to attend games or training up until Monday 12th April for safe guarding reasons. 	<ul style="list-style-type: none"> ● Constant review of both the FA and Government guidelines and health advice. ● Continual communication with parents and players ● Continual communication with coaches and committee. ● Avoid car sharing as much as is reasonably practicable with face masks being used and having correct sanitation in place if this is not possible. 	<p>Coaches, Players and Parents</p>

	<ul style="list-style-type: none">• No spectators are to attend matches or training before Monday 12th April		
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<p>Transmission and spread of Covid-19</p> <ul style="list-style-type: none"> • Exposure due to players not socially distancing. • Players not adhering to socially distancing rules. • Spread of Covid-19 through touching equipment. 	<ul style="list-style-type: none"> • Pre planned sessions that are regularly reviewed • Players may be asked to leave the session should they not be following the rules on purpose. All equipment is to be washed prior to each session, this may be completed after the prior session. • 	<ul style="list-style-type: none"> • Regular reviews of sessions with coaches and to look for improvements. • Providing disinfectant spray water for coaches to clean equipment. • Players code of conduct. • Use of track and trace within the club. • A list of do's and don'ts is to be provided to all coaches to aid the pre match briefing. 	<p>Coaches, players and parents</p>
<p>Players mixing equipment and or drinking bottles</p> <ul style="list-style-type: none"> • Higher risk of contamination. • Shaking hands • Handling of the ball 	<ul style="list-style-type: none"> • All players are to bring their own drinks and must not share. • All players will be warned not to shake hands • All players are encouraged to wash their hands before they start training and after they finish training or sanitise as a minimum. • All players are to provide their own hand sanitiser. All players are to have their own ball. 	<ul style="list-style-type: none"> • A list of do's and don't to be presented to players and parents, this will need to be reviewed regularly. • Coaches are to follow the method statement guidance. 	<p>Coaches, Players and parents</p>

	<ul style="list-style-type: none"> • Players are asked not to touch the equipment. • Each player will have their own zone to place their items distanced two metres apart. 		
<p>Parents Socially Gathering</p> <ul style="list-style-type: none"> • Parents gathering in large groups. 	<ul style="list-style-type: none"> • This is to be discouraged. • Distancing signage to be present. • Create zones with seats for them to view training. Parents • are to follow the parking areas set out to them and are to be communicated with by their coaches. • Coaches are to ensure their sessions finish on time and prompt. 	<ul style="list-style-type: none"> • This is to be monitored as is reasonably practicable by the coaches or club officials. • Areas of training and parking to be assessed regularly in line with government rules and FA guidance. 	Parents

<p>Contamination of Toilets</p> <ul style="list-style-type: none"> • Touching of door handles or taps etc 	<ul style="list-style-type: none"> • Toilets are to be cleaned at the end of every session. • Encourage good hand wash practice with all players and coaches • There will be a toilet allocated for each team using the mens changing room and the outside toilet for ladies. 	<ul style="list-style-type: none"> • Place signage encouraging good hand wash practice. 	<p>All who visit the site.</p>
<p>Accidents of Players and risk of not social distancing</p> <ul style="list-style-type: none"> • Slips trips and falls. • Collision of players 	<ul style="list-style-type: none"> • Treatment is dependent on how serious the injury is, least serious injury must be treated by the parent if under 12. (Parents must be invited onto the training area) • Treatment of players if more serious PPE, mask and gloves must be worn. 	<ul style="list-style-type: none"> • Constant review of first aid procedures. • Constant checks of first aid kits including PPE. Insurance checks must be carried out and teams must be FA affiliated before games can start, with youth players needing to be registered. 	<p>Coaches, Players and parents</p>
<p>Exposure to players by parents.</p> <ul style="list-style-type: none"> • Parents going onto the training area when not invited. 	<ul style="list-style-type: none"> • Parents are to be reminded not to enter the match area unless this is for first aid purposes. 	<ul style="list-style-type: none"> • Parents code of conduct. 	<p>Players and parents</p>

<p>Coaches not having a strong understanding of Covid 19</p>	<p>All coaches are encouraged</p> <ul style="list-style-type: none"> ● to read and sign the documents. 	<ul style="list-style-type: none"> ● Committee is to ensure all of this is in place. 	<p>All who visit the site.</p>
<p>Exposure to covid for the general public and visitors</p>	<ul style="list-style-type: none"> ● All public entering the clubhouse must wear masks unless seated to drink. ● Everyone must fill out track and trace forms or complete a QR code registration using smart phones. 	<ul style="list-style-type: none"> ● Bar staff, club committee and coaching staff to ensure this is carried out. 	<p>All who visit the site.</p>